



SHIVAMBU: THE MIRACLE CURE.

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Shivambu is the traditional term for using urine as a modality of treatment. We have found Shivambu to be highly effective in a range of conditions – from lifestyle diseases to infections, from chronic diseases to cancers, from kidney stones to skin conditions.

Shivambu is an ancient remedy which was used as an elixir for personal growth and higher development. Today it needs to be used for healing the sick, reducing suffering and curing illnesses. Urine becomes Shivambu only after contact with air. This when drunk has got tremendous benefits for the healthy normal man, the sufferer of minor illnesses and the chronic so called incurable conditions of life – like arthritis, cancer, IBS, etc.. Like everything else – it can work optimally only if intervention is commenced early on, in the disease process.

Shivambu today has become more objective and welcomed by people as they cannot afford to suffer and the diseases only have a management option. So people looking for cures, turn to Shivambu as the only hope. Diligent followers of the protocol prescribed have gained immensely and become changed people. From the person on his death bed to living life to the full, from people suffering in agony to complete relief within days, from chronic sufferers to better quality of life. Thus are the miraculous stories of Shivambu.

My aim is to publicise this fact of reality, which is generally hidden away and not spoken about. The true benefits are:

1. It is completely free and hence affordable to everyone
2. It has virtually no negative effects as long as prescribed protocol is adhered to.
3. Urine is known to be completely sterile – so should be no issues for ingestion.
4. Changes in the body can start as quickly as within days and generally within 4-6 week period major changes are visible.
5. It acts across all spectrums of disease. It appears to be enhancing the body's immunity, thus getting rid of disease.
6. It requires proper guidance from Shivambu experts who are well versed in the effects, side effects, dosage and proper prescription for different conditions and people.
7. There is immense potential for research in improving understanding about this pathy of Shivambu.

Biography:

Anand is an O.T., & Trad. Acupuncturist who has gone on to study natural therapies across the spectrum of Yog (he consider here eight limbs of Yog i.e Yam, Niyam, Asan, Pranayam, Pratyahar, Dharna, Dhyan, Samadhi), Suryanamaskar, pH, Mantras, Shivambu, etc. and successfully applied it in his practice for the benefit of his patients. He is a world leader in Shivambu & scientific Suryanamaskar. Under the banner of 'Health Siren' he has been instrumental in publishing over 200 videos on 'YouTube' across various health giving instruments, across his spectrum of expertise.

Today he consults in Pune providing relief to patients wishing genuine natural therapy advice to ease their suffering.



Health Siren

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Presentation category: Natural Therapies



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Shivambu is use of urine as a potential for miraculous healing. Urine is used internally (drinking) & externally (application to body parts) as per need of the diseased state. Let me commence by referring to some of these miraculous stories which have changed the lives of people from suffering, death's door to normal enjoyable lives.

Case 1:

A person suffering from liver cancer – diagnosed and being treated at a leading cancer hospital in Bharat. The medical team visiting him had given him 10 days to live and were counting his days everyday. The patient got disgusted and felt he would be better off at home counting his last days. He was introduced to Shivambu by a friend. Patient decided to give it a try as a dying person will do anything to survive. Fortunately, he documented his whole lifestyle during this 1 year recovery period, providing us with step by step data. When he recovered, he went for confirmation of “no cancer” to the same hospital. They checked him out and cleared him of cancer. When he presented his old records stating” I am the same person you prescribed death in 10 days”. They reviewed the file and confirmed severe end stage cancer. But refused to accept that he was the same man. What happened to scientific thinking and inquisitiveness. This person was my inspiration for Shivambu practice. That day he was standing up and roaring like a lion – full of energy and propagating Shivambu to all. A life giving miraculous recovery.

Case 2:

This person had a sudden lump in his throat and was concerned. Local doctor advised him to get it checked from cancer hospital. After check up it was confirmed as “cancer”. He was advised immediate surgery and requested to come the next day for the same. Patient came home dejected and spoke to his wife about his worries and concerns. The wife stated blatantly, ”Go and see the practitioner down the road. He uses urine and gets results”. He went as he had nothing to lose. Commenced treatment and within 3-4 months recovered completely. When he returned to the cancer hospital for review, he met the same doctor who gave him the third degree about irresponsibility, no care, etc. and stated his cancer must have got worse. Repeated the tests and advised patient to come tomorrow ready for admission and operation. When he arrived the next day for review and the doctor opened his file with latest lab results, doctor was shocked at no evidence of cancer. He could not believe his eyes. So he repeated the test himself and then came back and confirmed “no cancer”. A big relief for patient. But no desire on doctor's part to learn of this sudden physiological change. How sad indeed in scientific medical practice. A miraculous recovery.

Case 3:

A kid about 7 years old suffering from idiopathic urticaria all over body since age of 2 years. Only external ointments reduced the itching for about 4-6 hours. The child would scratch at night till it bled – obviously due to severe itching. Had lots of food restrictions and could not play without full length clothes as any grass , leaves, dust would irritate & make itching worse. We commenced with aged Shivambu for external application and within a few days, skin cleared up and patient started sleeping better. After a week, we convinced the child to drink Shivambu- albeit reluctantly. Within a 3 month



period, child was completely free of itching and was able to discontinue Shivambu and lead a normal life without creams and restrictions. Patient started to grow normally – when we realised the disease was stunting physical growth. Today after nearly 30 years, patient does not practice Shivambu, but has a fulfilling non suffering life. A miraculous cure indeed.

Case 4:

A young man in his mid twenties was suffering from sever skin irritation for man years. After having trialled all pathies, with unsatisfactory results, he came for advise. His skin around knees, ankles, elbows was like a leather patch. He was quite itchy and irritable. He was advised and trialled on aged Shivambu (4yr old) for external application which provided immense relief. Once this was confirmed, patient was advised to drink Shivambu, have fasts at weekends and apply urine boiled and reduced to a quarter in volume. This was used for external application. Slow steady progress ensued. After a year he was completely free of all skin problems – with no itching, all patches disappeared without any marks left behind. Today after 12+ years he does not practice shivambu. But is completely free of suffering and hale and hearty. Another miraculous result.

Case 5:

This is the story of a person who was practicing Shivambu and observed that during crisis periods in his life, he was able to overcome them with ease and in good health – physically, mentally, emotionally & spiritually. Such is the incredible power of Shivambu that it appears to conquer all disease causing features within the body physiology and provides relief and joy to people. Miraculous indeed.

Case 6:

How does Shivambu benefit people who are so called “normal & healthy”. We had a adult girl who was a strict practitioner of Yog, Suryanamaskar, pranayama and sattvic diet. She had her periods with pain/discomfort level of about 1/5 on the pain scale. This was accepted as normal period pain. After 3 months of commencing Shivambu, one morning she woke up to find wet panties. She could not understand why. On examination, she noted her periods had commenced without an iota of discomfort. As she stated –“silky smooth” periods. Since that day, she has continued to experience such periods. So now the question really is –“what is normal periods”. She was shocked and learned that preventive health can go further even when you think limits have been reached. Such is the miraculous power of Shivambu, that sufferers can find relief, so called normal can experience higher levels of physiological change and experience utter joy at the benefits of Shivambu. Such is the miraculous power of Shivambu.

Case No 7:

This is an accidental trauma where the finger tip was cut through the nail and hanging on a tiny skin section. Went to doctor who decided to save it, but mentioned that it’s unlikely in his experience to save such an injury. When patient came home, he was introduced to Shivambu external application and on next visit doctor was surprised at quality of finger. Following visit another week later, the quality had improved so much that the finger was completely saved. The miraculous part was the finger healed fully with no scar, no deformity and no blemish on the nail either. Today, its hard to see any signs of the traumatic injury. Miracles do happen.

To understand these miracles, we need to understand Shivambu. Shivambu is urine on contact with atmosphere which makes it medicinal and effective. It is sterile and a filtrate of blood with lots of



ingredients all from blood. Shivambu has ancient roots in the Shivambu Kalpa Vidhi, the 27th chapter of the Damar tantra which is a dialogue between Lord Shiva & Devi Parvati. It has lots of information in slokas which are the effect of many hundred years of study and research with options for vessels for collection, internal and external use, lots of prescriptions for internal use to eliminate vata, kapha and enhance body physiology and performance.

Shivambu is purely a personal prescription created for each individual as per his/her need every day – based on changing energy levels and health status. This is possibly the real reason why the body responds successfully at all levels – whether as a sufferer or for preventive health to achieve personal growth & wellbeing ascending to higher levels of perception and meditation.

We have found it to be effective from the common cold to complex and chronic sufferers of various disease. Our attention has been drawn to the fact that:

1. Specific prescriptions are required for every person as per his body type and disease state.
2. Shivambu works better with diet, fasting, protocols, exercise, yog, Suryanamaskar, pranayama and lifestyle management.
3. Shivambu may require a dedicated and determined practice for complete cures. Stop start programs are not so effective.
4. We have observed that physical, mental, emotional & spiritual disease can all be alleviated or cured depending on application & dedication of patient. Each of these qualities take different time frame to respond and heal completely. Sometimes only partial relief is obtained.
5. It has been observed -once the disease process is completely rooted out of the system, Shivambu can be discontinued. Failing this we have also observed the return of the condition over time.
6. Very powerful & effective in growing years and very effective for personal growth in healthy people who wish to personally grow.
7. Some fabulous experiences in preventive health elevation in perception & meditation.

Health Siren

Observations during Shivambu intervention:

| | |
|-----------------------------------|---------------------------------------|
| Easing of suffering | Medications are reduced as per advice |
| Bowels move better | Wake up fresher |
| Digestion improves | Disease responds positively |
| Increased energy levels | Diseases are cured |
| A clearer mind and unfogged brain | Normality is restored |
| Improved sleep | Quality of life is improved |

Magical ingredients in Shivambu (After Interaction of Urine with Atmosphere)



Urokinase—a compound found in human urine activates substances in the blood stream that dissolves blood clots. Embolism treated with good results. Streptokinase and other derivatives used today are based on urokinase. Natural better than synthetic

Nitro-glycerine ?—urine contains an artery-dilating agent similar to nitro-glycerine, which has an ability to increase the coronary blood flow to the cardiac muscle, used to relieve angina pectoris. In dire emergencies (if nothing available) – can drink urine or apply & rub to heart/chest area for possible benefits.

Antineoplasm—Dr. Stainislaw William Burzynski isolated this peptide fraction from human urine, which has been found to selectively stop the growth of cancerous cells without significantly affecting the growth of regular cells.

H-II -- a substance in urine inhibits the growth of cancer cells & decreases already existing cancerous tumours, without interfering with the repair process.

Uric acid—this part of urine helps to control the process of free radical scavengers (cancer causing molecules) in the body, controls the aging process & cover Tuberculostatic effects.

Beta-endo-acetic acid —is an inhibitor of somatic growth in animals & of carcinoma & sarcoma in animals.

Retine—from urine showed an inhibitory action on the growth of transplanted malignant tumours in mice.

Directin—when added to the culture medium causes all cancer cells on which it has been so far tested, to align themselves end to end into straight rows.

3-methyl glyoxal—Nobel laureate Albert Szent Gyorgi observed - this substance has been shown to destroy cancer cells.

Allantoin—is a nitrogenous crystalline substance & oxidation product of uric acid (i.e.: purine metabolism). This is used in medical & veterinary professions to treat wounds & to stimulate growth of healthy tissues.

Protein globulins—having antibodies to specific allergen found to be identical to the proteins in serum (blood), immunoglobulins.

Renin---produced by the kidneys maintaining the body's vascular tone & thereby influences blood pressure. It is used by the body to regulate the production & liberation of aldosterone.

Creatinine & Hippuric acid --- have been known for their antibacterial & hence antituberculosic properties (creatinine is a product of creatine metabolism)

DHEA (Dehydroepiandrosterone or dehydroisoandrosterone)--- is a steroid secreted by the adrenal gland & excreted in large amount in the urine of males. This component prevents obesity, extends life span of animals & is a possible treatment for aplastic anaemia, diabetes & breast cancer in women.

DHEA--- stimulates bone marrow & increases production of all bone marrow elements including red cells, platelets, monocytes, macrophages & lymphocytes, lower levels of DHEA seems to be related to aging process

Adenylate cyclase--- produced by the kidneys is a hormone, which produces a chemical called cyclic AMP. This chemical is the mediator of action of all hormones in the body.



UREA--- is an end product of protein metabolism, renders antibacterial property to urine. Due to its antibacterial nature, urine has a strong inhibitory effect on the growth of the tubercle bacilli. The urea level found in the kidney exercises a marked inhibitory effect on inflammation. Bacteriostatic & bactericidal effect of urine increases with decreasing pH. Urea is an organic solvent, dissolving fats & other natural body secretions.

Urine peptide (or polypeptide)--- is found in urine having tuberculostatic activity, which has been isolated. Its molecular weight is said to be very low.

Opsonis – is a blood substance, which acts on the bacteria, causing (leading) them to be more easily destroyed by the phagocytic cells?

Growth substances--- are considered the plant hormones or auxins found in urine. The effect of these auxins is to stretch the cell (not cell multiplication).

Erythropoietin--- A hormone, which stimulates the bone marrow to produce red blood cells (erythrocytes). Many sufferers of anaemia who practiced auto urine therapy have improved their condition.

Hormone Arythopeirtica –has been found to stimulate the formation of red cells in the blood.

Prostaglandin--- is a fatty acid derivative produced by various organs of the body including the kidneys & prostate glands. This is good for hypertension & can act as a birth control agent.

Ferments—A ferment of anti-anaemic properties was found in the urine of patients suffering from pernicious anaemia. Auto urine treatment improved the blood picture, increased the reticulocytes & had a favourable effect on the general condition in anaemics.

Various enzymes—like *pepsin, trypsin amylase, lipase & maltase* are also present in normal urine.

Agglutinins & Precipitins have neutralising activity against polio & other viruses.

Oxyproteic Acid compounds – a well-characterized group of peptides has been found in human urine.

Protease – is found in urine of allergic patients. It was felt that, this contains a specific antigen to which patient was sensitive. It was demonstrated that it could be employed for specific desensitization in measured doses in many types of allergic conditions & it was used for treatment & cure of urticaria, prurigo, dermatitis herpetiformis, psoriasis, eczema, asthma, rheumatoid arthritis & also hay fever.

Thus to summarize, all I can state and remind readers that –

- Shivambu is a very powerful entity, influencing the body beyond all our expectations.
- It's immense potential has been studied only marginally.
- It can influence and change our concepts of health & normality.
- Suffering & disease can be a thing of the past
- Quality of life will be fostered with regular practice.
- Health budgets will reduce drastically – as preventive health becomes the forerunner.



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